

SKILLS



Archery I

PAL: 6-12

Introduction to Archery. Learn how to safely use bows and arrows. Practice how to shoot.

Max of 40 for both Levels



Archery II

PAL: 6-12

Spend more time learning to improve your archery skills, must have taken Archery 1 or equivalent experience.

Max of 40 for both levels



Kayaking

PAL: ALL

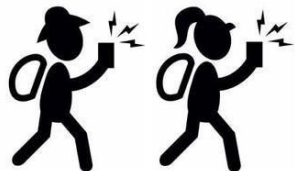
Try out the “fun-yaks” at the waterfront. Learn the basics of using a kayak. Note an alternate activity will be provided in the case of inclement weather.
Max of 80.



Outdoor Skills

PAL: All

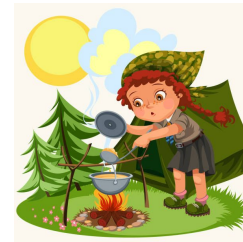
Fire building, Knife Use and safety, and other outdoor skills. Already have the basics? Let us know when you sign up, if we have enough interest we can add an Outdoor skills level 2.



Geocaching

PAL: ALL

Geocaching refers to GEO for geography, and CACHING, the process of hiding a cache (a term used in camping for hiding place for provisions). Use a GPS device to play this new game of “hide and seek”.

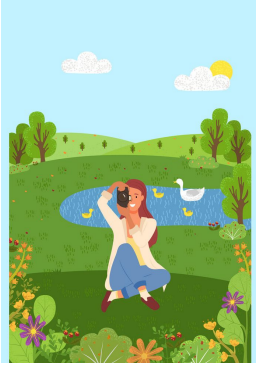


Advanced Outdoor Cooking

PAL: 6-12

Move your Cooking Skills to the next level with Advanced Outdoor Cooking. This class will take place either before or after lunch with an overlap of lunch. You will not need to plan lunch.

SKILLS



Nature Photography

PAL: All

Learn how use your own technology (phone or camera) to capture beautiful nature shots.



Balloon Fencing

PAL: All

Learn about the art of fencing and try it out with Balloons on your head. Pop your opponent's balloons to win.



Slackline

PAL: All

Try your hand at a Slack Line. Help build balance, core strength, and team work on a tensioned line just 1 or 2 feet off the ground.



Quadball

PAL: All

Join the University of Minnesota Quadball team to try the sport of Quadball (formerly known as Quidditch)

Waiting for confirmation

NEW

Food

Troops are only allowed 1 food related program choice (not including the Outdoor cooking contest)



Food in a Jar

PAL: 9-12 Adult

Get some ideas for using Mason jars to pack your lunch (like burritos in a jar) or recipes in a jar to give as gifts.



Ice Cream Making

PAL: All

In this class you will make some tasty ice cream in freezer bags. You can also make a beaded spoon to eat your ice cream.



Gourmet S'mores

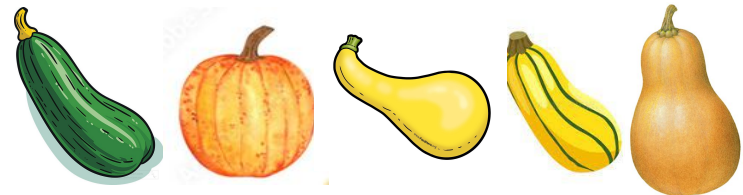
PAL: ALL

Just like it sounds.... S'mores taken to the next level. Yum! Try some new and exciting twists on the old favorite.



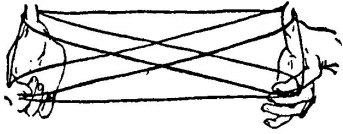
Outdoor Cooking Contest - **This year's theme SQUASH!!**

PAL: ALL



Show off your Outdoor Culinary Skills. 1st, 2nd, and 3rd prize will be awarded for each Juniors, Cadettes, and Senior/Ambassador Levels. This will take place during Lunch, and maybe a little spill over into Period 3 depending on how many plan to participate. Fabulous prizes await as we get to sample your wares. Note that you will have 5-10 minutes to present your dish. <we are looking for a troop or other volunteers to serve as judges for this.

FUN - GAMES - SCIENCE



Cats Cradle

PAL: ALL

Learn to work together to make shapes and figures using string.



Household Chemistry

PAL: ALL

Come and do some exciting chemistry and science using ordinary household items.

NEW



Situpons

PAL: ALL

Learn about some Girl Scout Traditions while you make your very own situpon.



Lummi Sticks

PAL: ALL

Make your own lummi sticks and then learn this traditional Girl Scout rhythm game.



Escape Challenge

PAL: 7-12

Experience an escape challenge. New challenge will be available for this year.



Chicken Fling

PAL: ALL

What happens when you combine giant slingshots and rubber chickens? Lets find out. Build teamwork and work on creative problem solving.



FUN - GAMES - SCIENCE



Puzzle Competition

PAL: ALL

Put your teamwork skills to the test in a Puzzle building contest 2-4 girls per team will see how fast they can complete a puzzle.

NEW

ARTS AND CRAFTS



Basket weaving

PAL: ALL

Learn the art of basket weaving with an innovative process using floral wire and jute twine.

NEW



Flower Friendship Bracelet

PAL: ALL

Come and make a beautiful flower friendship bracelet.

NEW



Pop-up Cards

PAL: ALL

Get Creative and make a fun and flowery pop-up card while exploring paper crafting.

NEW



Woodburning Crafts

PAL: ALL

Using wood shapes and wood burner you will make a creative rustic art piece.

NEW

ARTS AND CRAFTS



Sharpie Tie Dye

PAL: ALL

Create a Tie Dye effect using sharpie markers and rubbing alcohol. Maybe discover a few ideas for “jazzing up” your t-shirts. 1 t-shirt included per participant.



Candle Making

PAL: ALL

Make two different candles: We are looking at new ideas this year instead of the ice candle and moon candle..



Melted Crayon Art

PAL: ALL

Using old crayons and heat guns melt the crayons on canvas to create a one-of-a-kind masterpiece.



Stone Dot Painting

PAL: ALL

Create colorful mandalas, bright flowers, or just a collection of colored **dots**.



Beaded Wind Chime

PAL: ALL

Add some extra jingle and sparkle to your backyard this year with a handmade beaded wind chime with bells.



Tree of Life Pendant

PAL: 9-12

Create a beaded Tree of Life Pendant with wire wrapping and beads.

ARTS AND CRAFTS



Beaded Dragonfly

PAL: ALL

Using a wire whisk and beads, bend and shape the whisk into a fun and decorative dragonfly.

NEW



Gnomes

PAL: ALL

Learn some basic sewing skills while you make your very own gnome to take home.

NEW

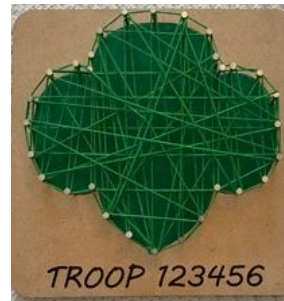


Bottle Fish

PAL: ALL

Upcycle a soda bottle into a fun Fish decoration.

NEW



String Art

PAL: ALL

Practice some hammering skills and make a fun String Art piece to take home.

NEW



Eco Dyeing

PAL: ALL

Using flowers, leaves and other items found in nature, use them to create unique dyed patterns on a bandana.

NEW



Tree of Life Pendant

PAL: 9-12

Create colorful mandalas, bright flowers, or just a collection of colored dots.

CAMP ADVENTURE AND EXPLORATION

Hike Lakamaga Scavenger Hunt

PAL: ALL

Build your teamwork skills as you Hike Lakamaga. Choose Traditional Scavenger Hunt or History of Lakamaga with Trail Rubbings



Solar System Hike

PAL: ALL

Find the Sun located at the Welcome center. Then follow the guide to see all the planets (and pluto) in the solar system - to scale - if they were in Lakamaga



Progressive Dinner Party

PAL: ALL

This is an activity where you will partner with 2 other troops to plan a progressive meal, each troop will make a part of the meal, and you come together to share. Great way to meet other girls and make new friends. You sign up and we will pair you up.



Older Girl After Party

PAL: 9th-12th Grade

Older Girls - Extend your day at camp with an evening activity - We will provide fire-ingredients to cook for dinner and evening snack and a chance hang out, watch the stars, and do some crafts and activities.

